



2026 RMF Female Football Program

For the 2026 season Regina Minor Football will have a Fall Female Tackle Football Program. This season the program will be run in conjunction with our other Fall Football. We will accept registrations for girls in grade 5-12 (fall 2026) and Mighty Mite age girls born in 2017 and 2018 until the registration deadline May 15th. Based on our numbers on May 15th we will hopefully have enough players for at least one Senior team, one Junior team and one Mighty Mite team. The Senior and Junior teams will practice together 3-4 times a week. Games will be played on the weekend. The Mighty Mites team will play in the Mighty Mite Division following all Mighty Mite rules.

As of January 2026, we will be looking at joining the Prairie Girls Female League. The PGFL currently serves **female athletes in Grades 8–12**, with the **potential to include a junior division for Grades 5–8** where community interest and capacity exist. The league places a strong emphasis on skill development, confidence building, teamwork, leadership, and long-term athlete development, while fostering strong community partnerships.

Be part of this exciting division of Regina Minor Football !!!!

Registration is now available for the Female Program. Female players that register before **June 15th**, 2026 will be guaranteed a spot in the program, and save \$25.00 on the registration fee. We have extended the deadline until after our Female Camp June 2nd and 9th.

The fees for the female Senior and Junior program are \$475.00. The registration fee is \$125.00, (\$100.00 if you register before the May 15th deadline) and the division fee is \$350.00. The registration for Mighty Mites is \$125.00, (\$100.00 if you register before the May 15th deadline) and the division fee is \$275.00.

[Use this link](#) to register with the Junior or Senior Programs

[Use this link](#) if you want to play Mighty Mites (We will only have an all-female team, in the Mighty Mites Division, if enough female players want to participate).

We are confident we will have enough players to field a Senior Team and Junior Team in 2026.

If you have any questions, feel free to contact:

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