

Mighty Mites Playbook



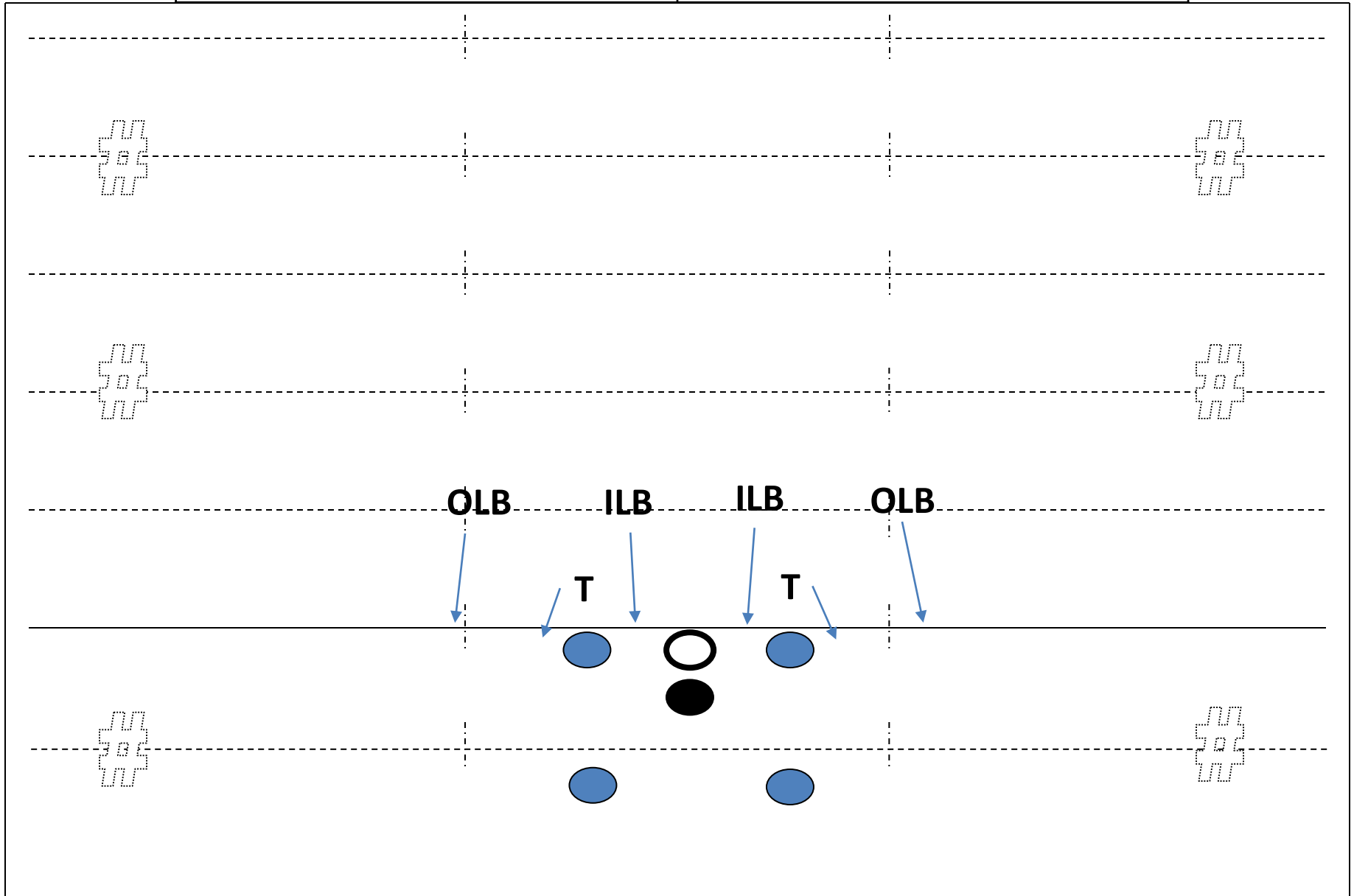


Offensive Formation

Defensive Formation

Balance Split

24 Bandit



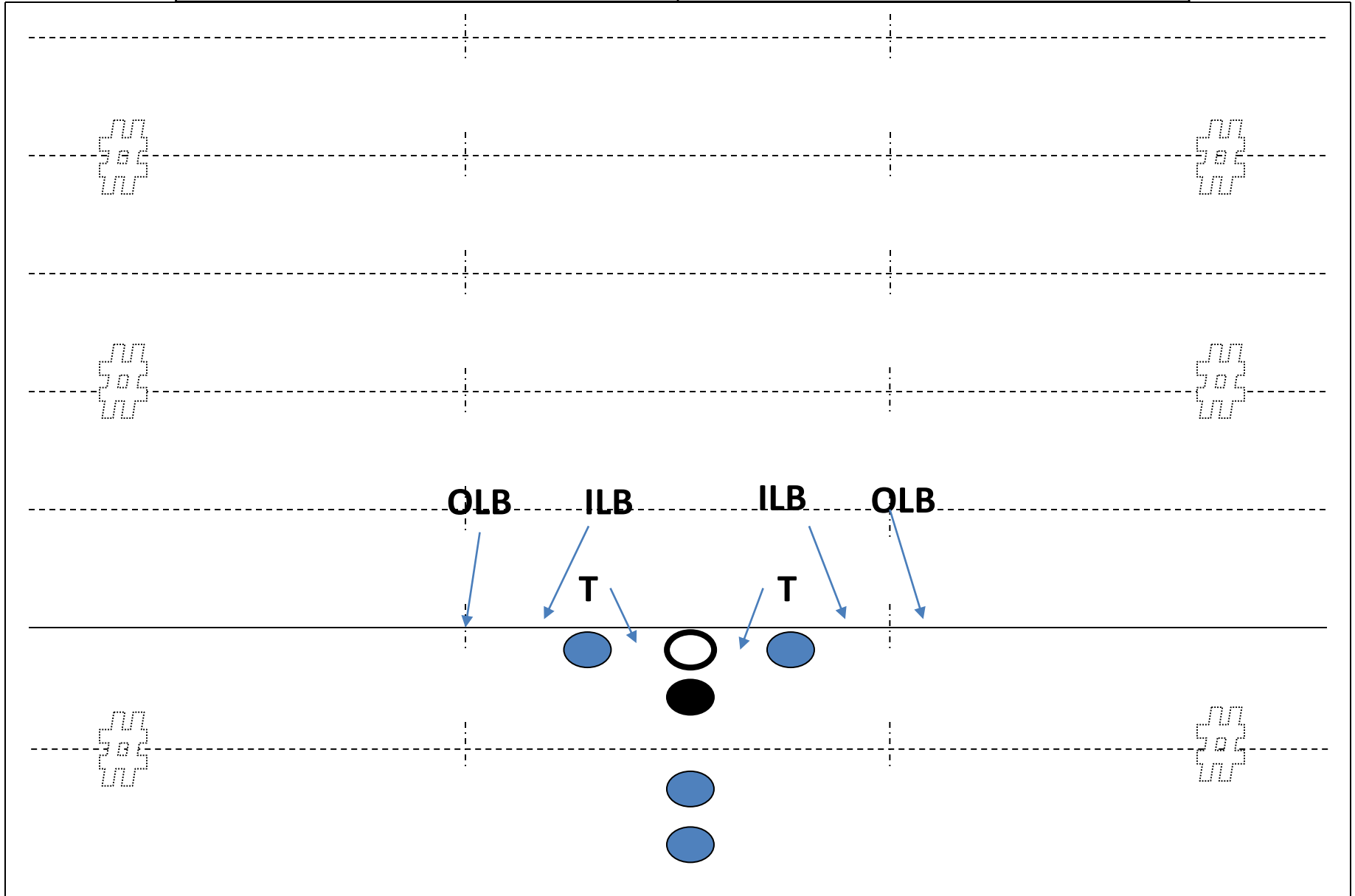


Offensive Formation

Defensive Formation

Balance I

24 Arrow



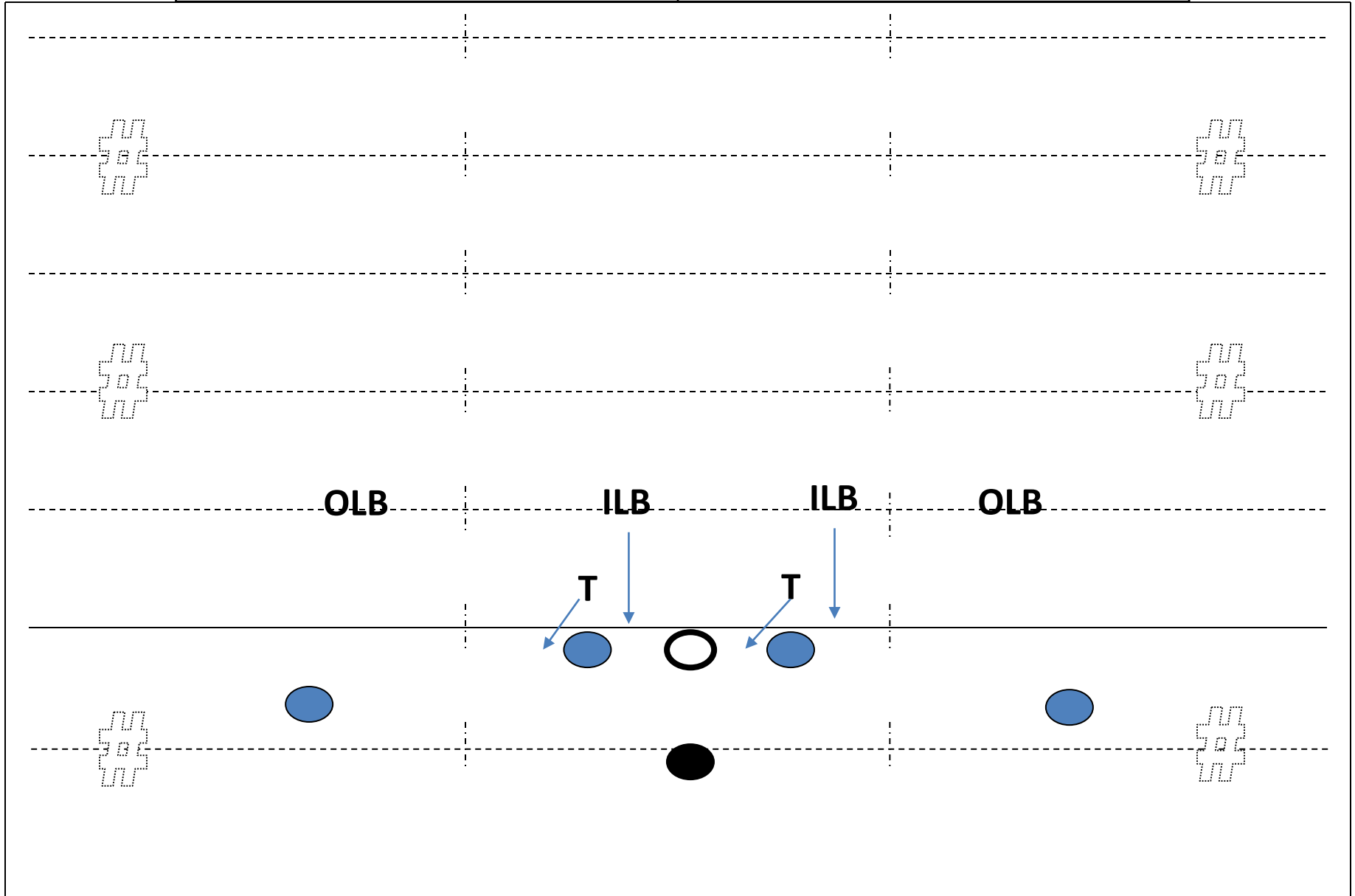


Offensive Formation

Defensive Formation

Balance Spread (Gun)

24 Right



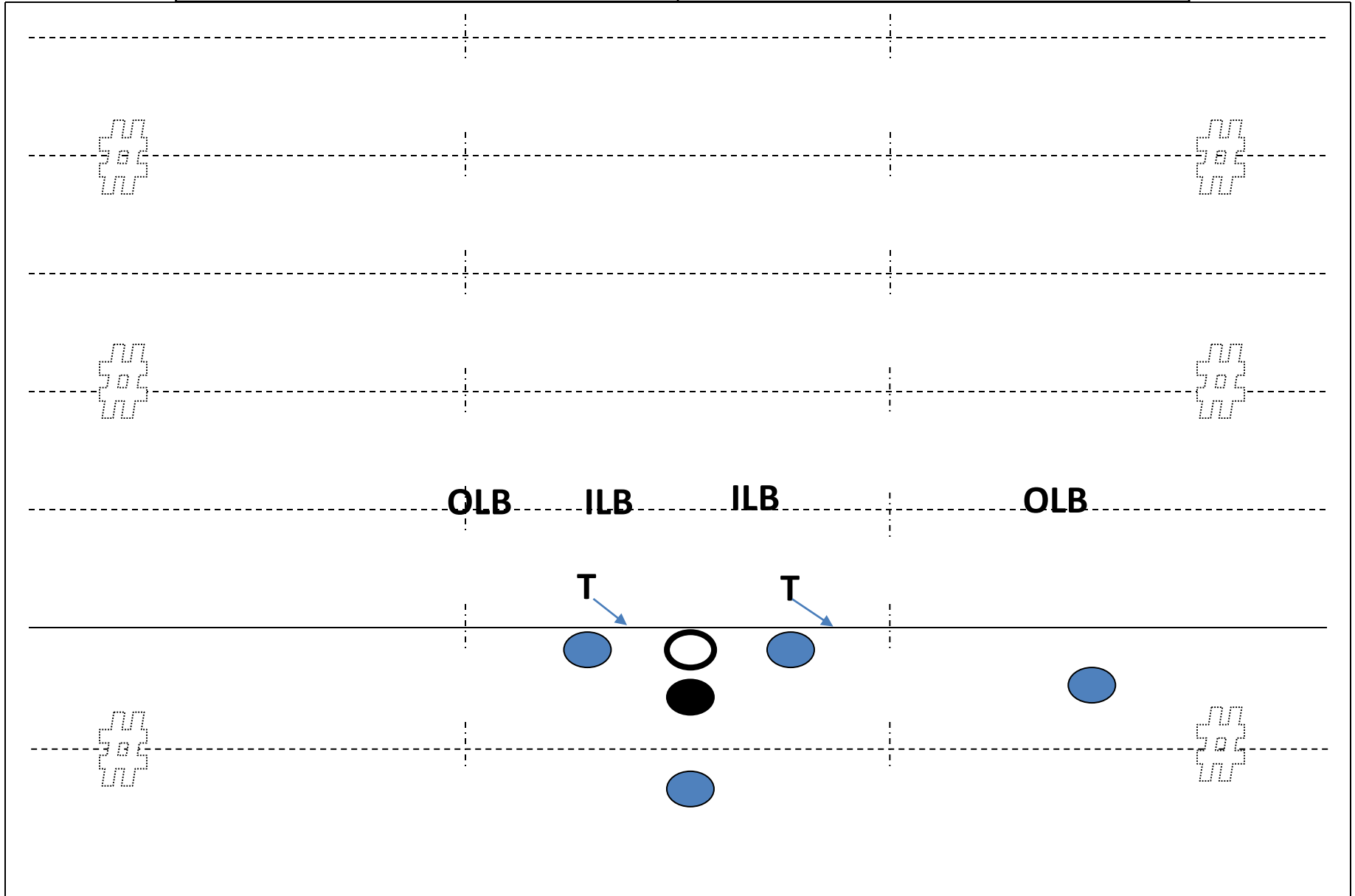


Offensive Formation

Defensive Formation

Ace Right (Left)

24 Left



Offensive Playbook



Offensive Playbook

Holes are the spaces between offensive players. They are numbered from the Centre-out, with odd numbers on the left and even numbers on the right

Hole Numbers and Player Names

Center – lines up on the ball and snaps it to the Quarterback

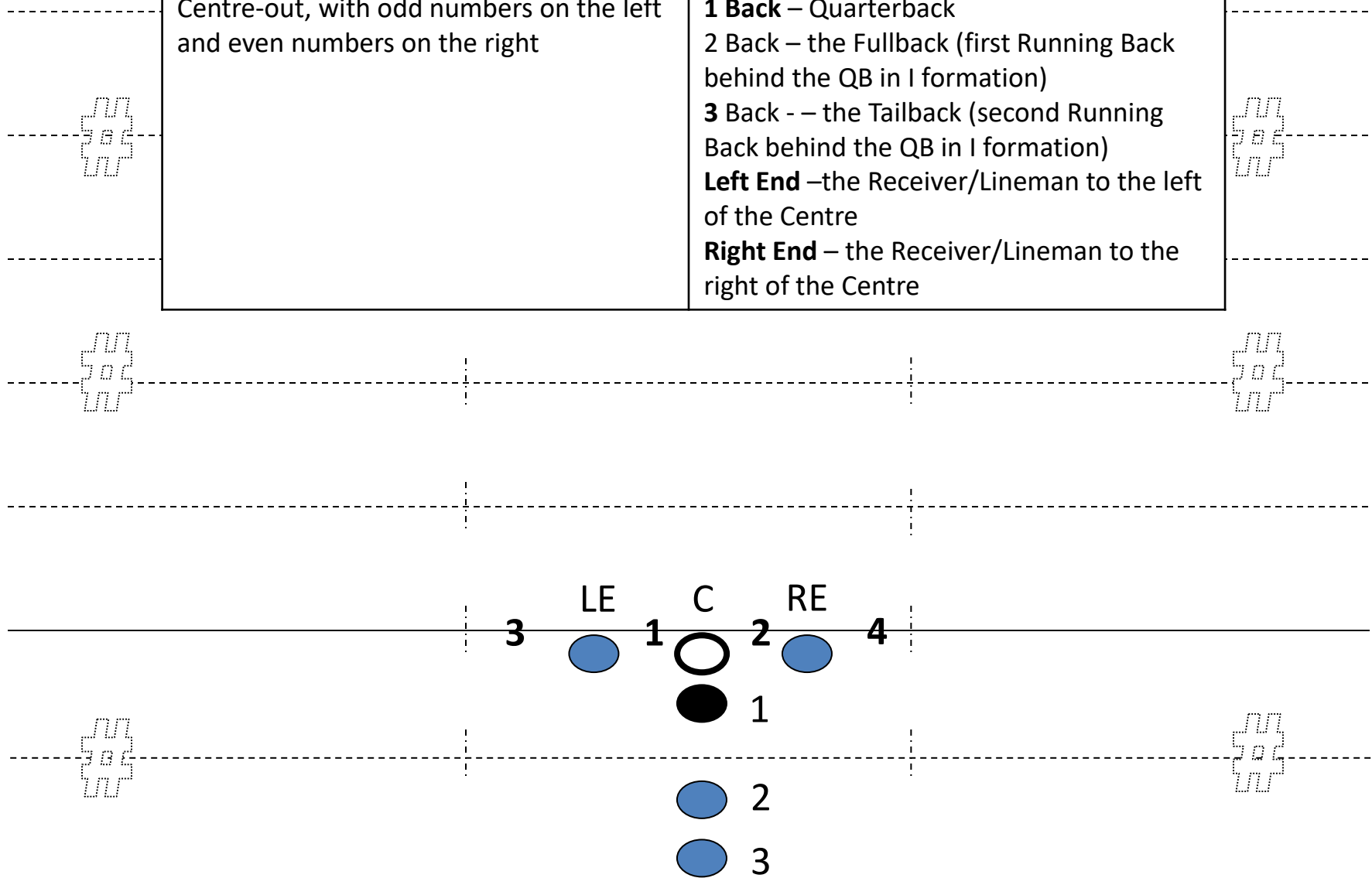
1 Back – Quarterback

2 Back – the Fullback (first Running Back behind the QB in I formation)

3 Back – the Tailback (second Running Back behind the QB in I formation)

Left End – the Receiver/Lineman to the left of the Centre

Right End – the Receiver/Lineman to the right of the Centre





Offensive Playbook

Holes are the spaces between offensive players. They are numbered from the Centre-out, with odd numbers on the left and even numbers on the right

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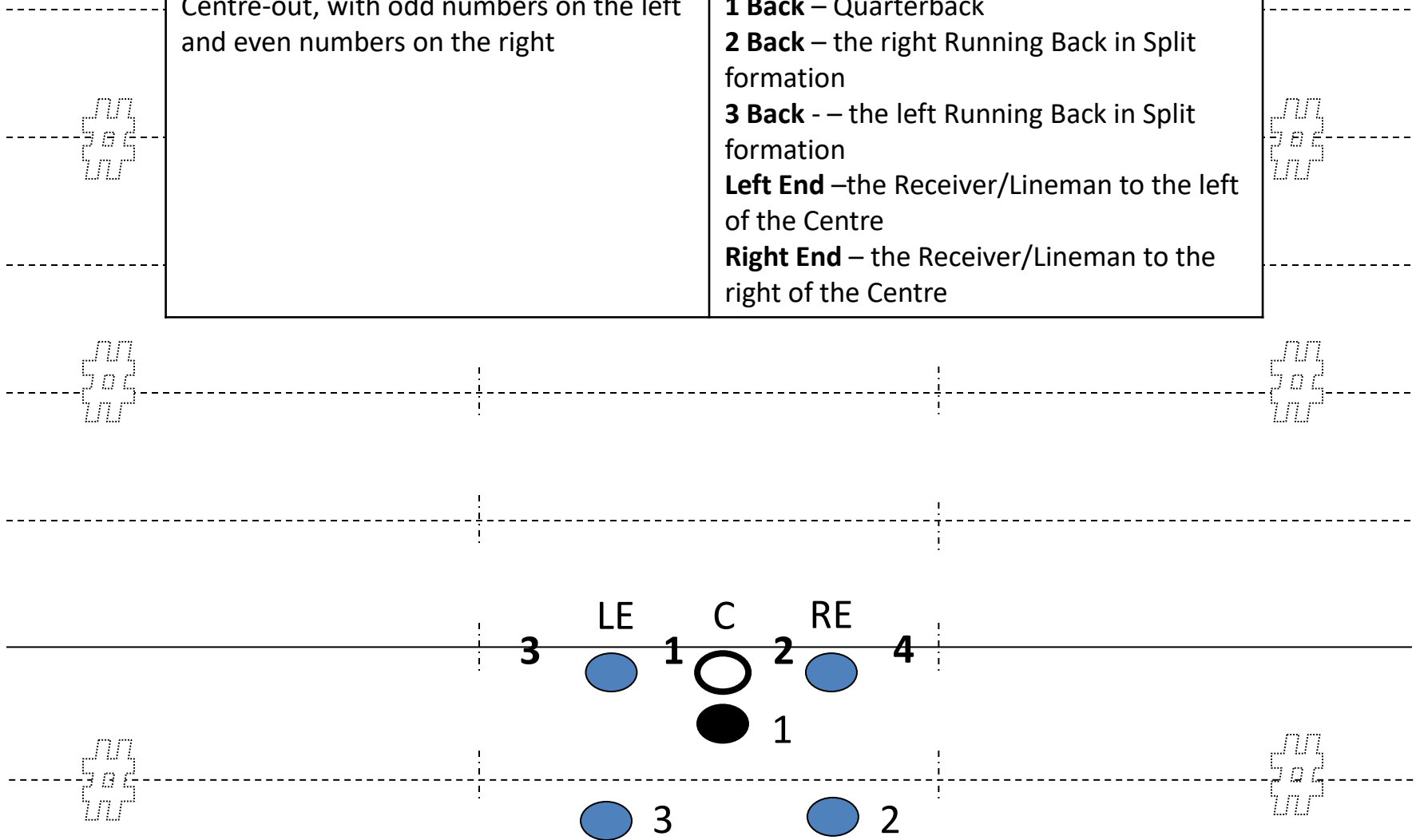
1 Back – Quarterback

2 Back – the right Running Back in Split formation

3 Back – the left Running Back in Split formation

Left End – the Receiver/Lineman to the left of the Centre

Right End – the Receiver/Lineman to the right of the Centre





Offensive Playbook

Holes are the spaces between offensive players. They are numbered from the Centre-out, with odd numbers on the left and even numbers on the right

Hole Numbers and Player Names

Center – lines up on the ball and snaps it to the Quarterback

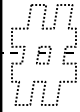
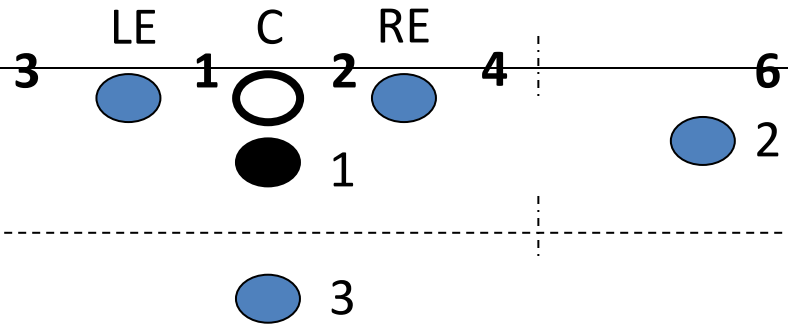
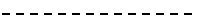
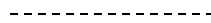
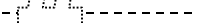
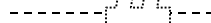
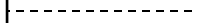
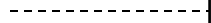
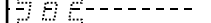
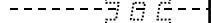
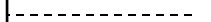
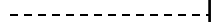
1 Back – Quarterback

2 Back – the Wide Receiver in Ace Right formation

3 Back – the Running Back in Ace Left formation

Left End – the Receiver/Lineman to the left of the Centre

Right End – the Receiver/Lineman to the right of the Centre





Offensive Playbook

Holes are the spaces between offensive players. They are numbered from the Centre-out, with odd numbers on the left and even numbers on the right

Hole Numbers and Player Names

Center – lines up on the ball and snaps it to the Quarterback

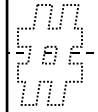
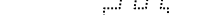
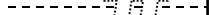
1 Back – Quarterback

2 Back – the Running Back in Ace Left formation

3 Back -- the Wide Receiver in Ace Left formation

Left End –the Receiver/Lineman to the left of the Centre

Right End – the Receiver/Lineman to the right of the Centre



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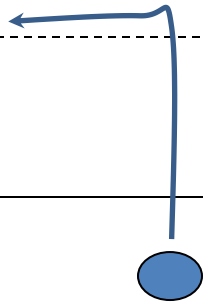
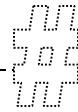
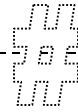




Offensive Playbook

Pass Routes

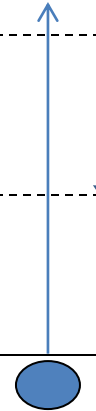
The depths of the routes can vary depending on the strength of the Quarterback's arm, and how close the Receiver is to the Quarterback



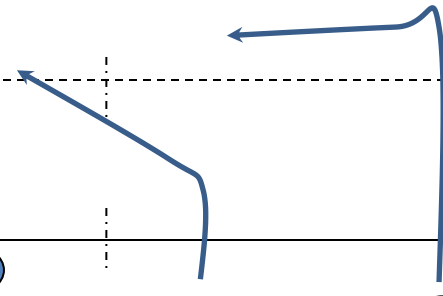
Out



Hook



Seam



Slant



In



Offensive Playbook Week 1 – 20 yard wide field

Balance I 31 (32) Lead

Fullback leave one count early, lead through the hole and block the Inside Linebacker

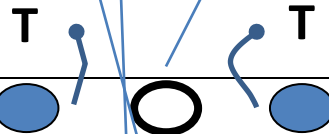
Center snap the ball and block the Inside Linebacker away from the hole

Ends block out the Tackles

Quarterback open toward the hole and hand off to the Tailback

Tailback leave on the snap, take the hand off from the Quarterback and follow the Fullback through the hole

OLB ILB ILB OLB

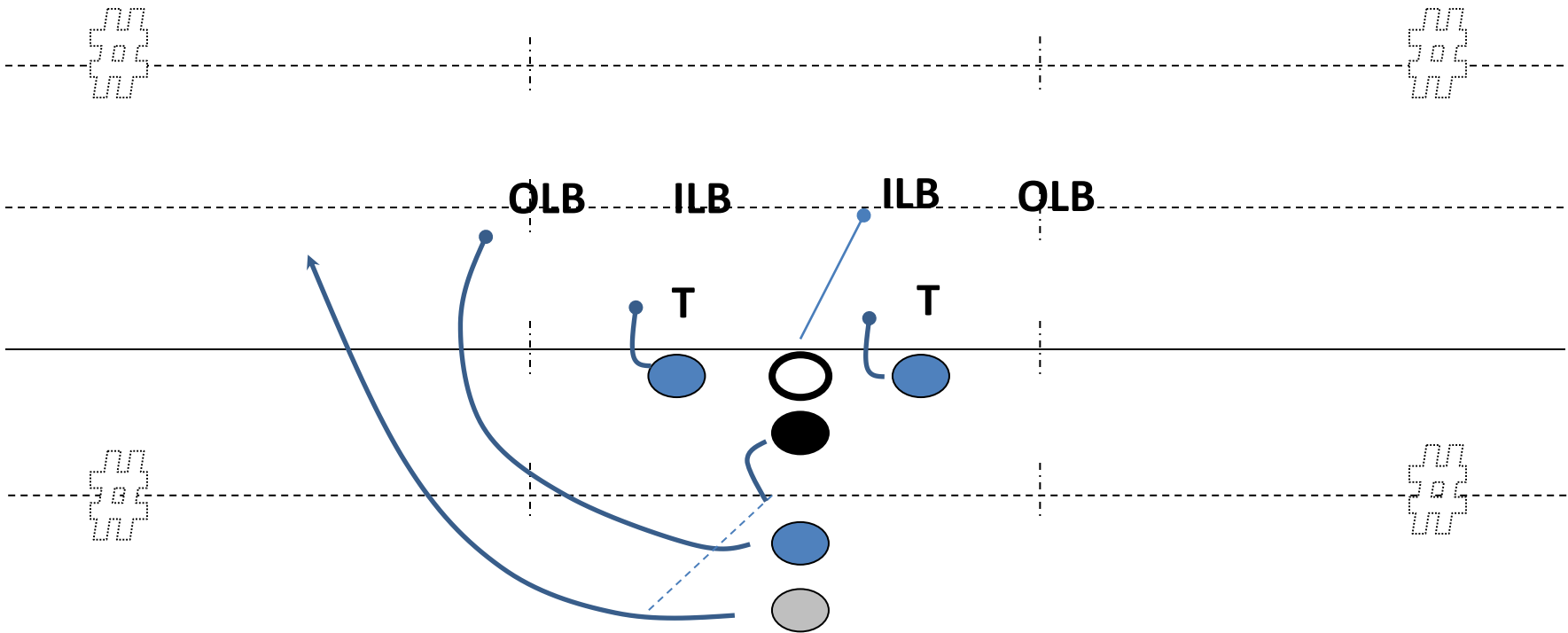




Offensive Playbook Week 1

Balance I 33 (34) Sweep

Fullback leave one count early and block the Outside Linebacker in
Center snap the ball and then block the Inside Linebacker away from the hole
Ends block the Tackles away from the hole
Quarterback take the snap, reverse pivot, and toss the ball to the tailback
Tailback on the snap, take off toward the hole and catch the toss from the Quarterback





Offensive Playbook Week 1

Balance I 21 (22) Dive

Fullback on the snap of the ball, take off to the hole and take the hand off from the Quarterback

Center snap the ball and then block the Inside Linebacker away from the hole

Ends block the Tackles away from the hole

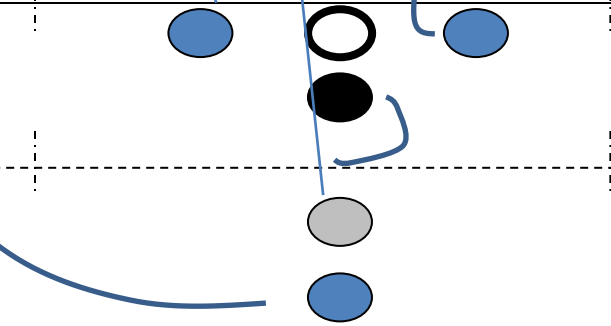
Quarterback take the snap, reverse pivot, and hand the ball off to the Fullback

Tailback take off one count early like you are running the sweep and pretend to catch the toss from the Quarterback

OLB ILB ILB OLB

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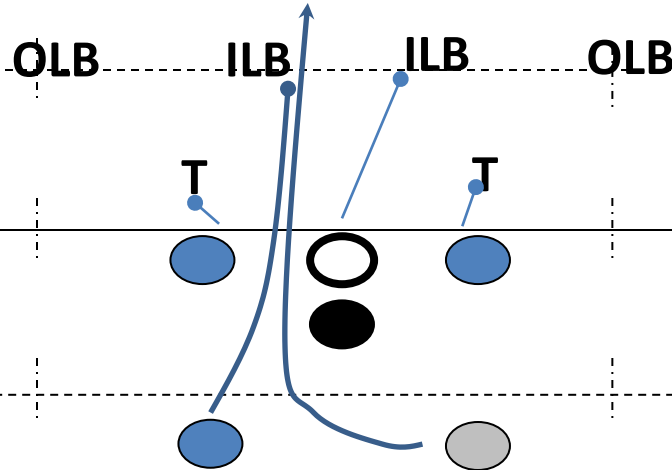




Offensive Playbook Week 1

Balance Split 21 (32) Lead

3 Back (2 Back) leave a count early and block the Inside Linebacker
Center snap the ball and block the Inside Linebacker away from the hole
Ends block the Tackles away from the hole
Quarterback reverse pivot and hand off to the 2 Back (3 Back)
2 Back (3 Back) Take off flat and then cut up to the hole, taking the hand off from the Quarterback

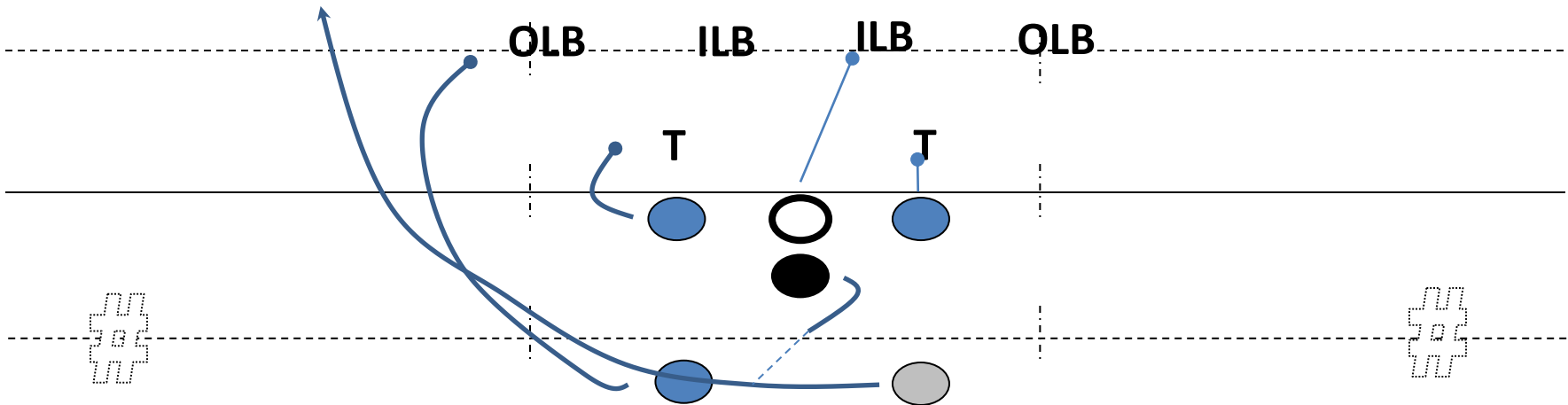




Offensive Playbook Week 1

Balance Split
23 (34) Sweep

3 Back (2 Back) leave a count early and block the Outside Linebacker
Center snap the ball and block the Inside Linebacker away from the hole
Ends block the Tackles away from the hole
Quarterback reverse pivot and toss the ball to the 2 Back (3 Back)
2 Back (3 Back) Take off flat, catch the toss from the Quarterback and run outside



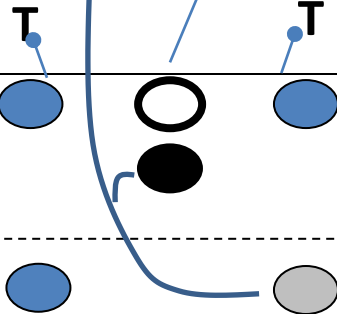


Offensive Playbook Week 1

Balance Split 21 (32) Dive

3 Back (2 Back) leave a count early and block the Outside Linebacker
Center snap the ball and block the Inside Linebacker away from the hole
Ends block the Tackles away from the hole
Quarterback reverse pivot and hand off the ball to the 2 Back (3 Back)
2 Back (3 Back) Take off flat, cut up to the hole and take the handoff from the Quarterback

OLB ILB ILB OLB





Offensive Playbook Week 1

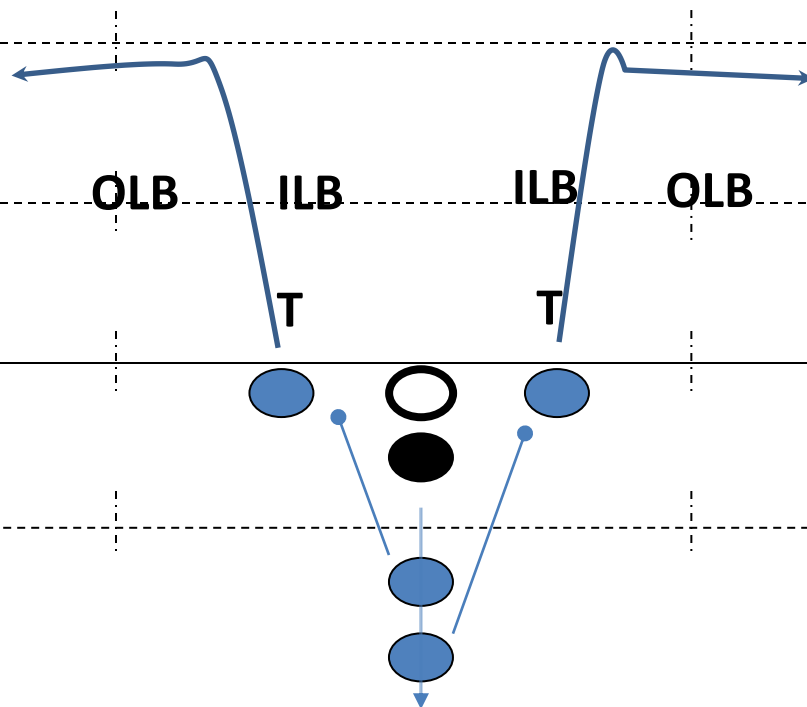
Balance I (Balance Split) Pro Double Outs

Running Backs one count early, motion up and set up on the inside hip of your End. Pass block the Tackles to protect the Quarterback

Center snap the ball to the quarterback and pass block to protect

Quarterback after taking the snap, do a 5 step drop and pass to one of the Ends

Ends run out routes





Offensive Playbook Week 2 – 20 yard wide field

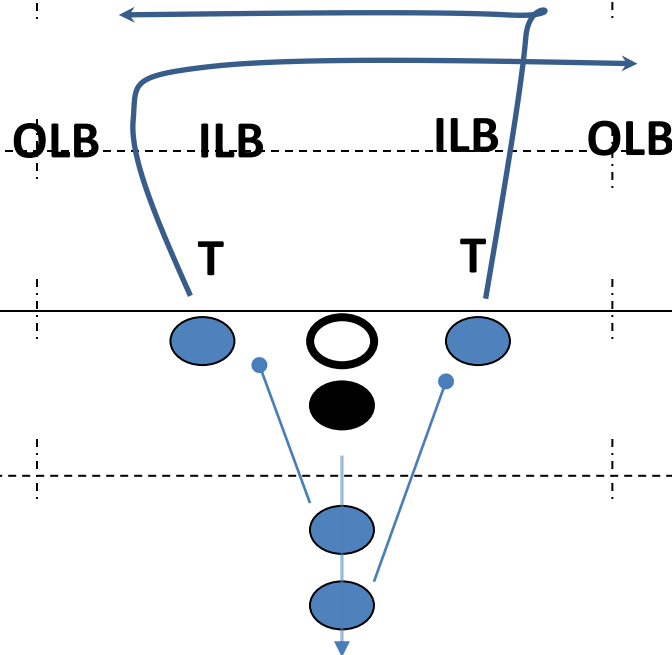
Balance I (Balance Split) Pro Double Ins

Running Backs one count early, motion up and set up on the inside hip of your End. Pass block the Tackles to protect the Quarterback

Center snap the ball to the quarterback and pass block to protect

Quarterback after taking the snap, do a 5 step drop and pass to one of the Ends

Ends run in routes at different depths

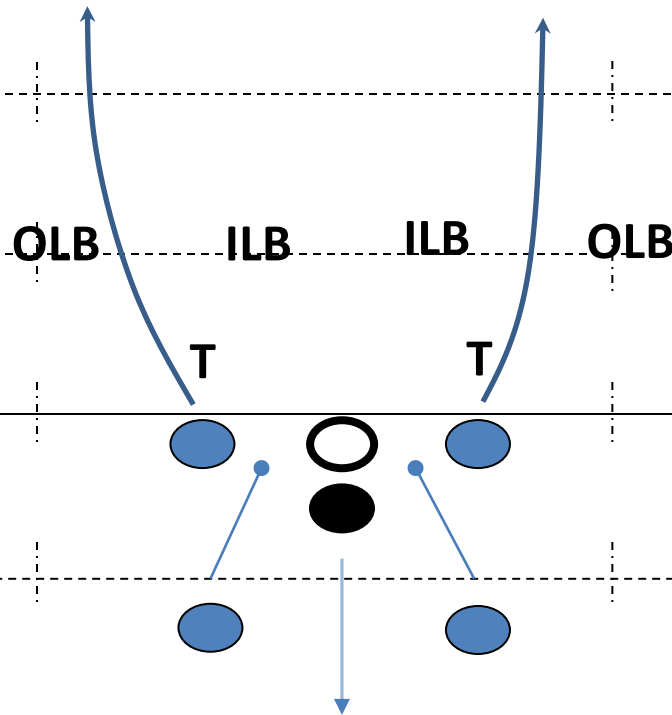




Offensive Playbook Week 2

Balance Split (Balance I) Pro Double Seams

Running Backs motion up to the inside hip of your end one count early. Pass block to protect the Quarterback
Center snap the ball to the Quarterback and pass block to protect
Quarterback take a three step drop and pass the ball to one of the Ends
Ends release outside and run a seam route





Offensive Playbook Week 2

Balance Split (Balance I) Pro Double Hooks

Running Backs motion up to the inside hip of your end one count early. Pass block to protect the Quarterback

Center snap the ball to the Quarterback and pass block to protect

Quarterback take a five step drop and pass the ball to one of the Ends

Ends release outside and run a hook route

OLB ILB ILB OLB

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Offensive Playbook Week 3 – 25 yard wide field

Balance Split (Balance I) 34 (23) Counter

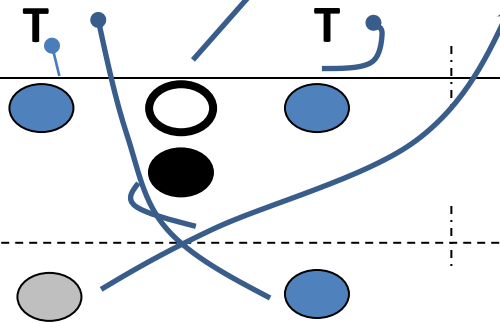
2 Back (3 Back) leave half a count early and fake receiving the hand off from the Quarterback and run through the 1 (2) hole

Ends block the Tackles away from the hole
Center block the Inside Linebacker close to the hole

Quarterback open away from the hole, fake the hand off to the 2 Back (3 Back) and then hand off to the 3 Back (2 Back)

3 Back (2 Back) delay half a count after the snap and then run toward the hole and take the hand off from the Quarterback

OLB ILB ILB OLB





Offensive Playbook Week 3

Balance I 34 (33) Counter

2 Back leave half a count early and fake receiving the hand off as you run through the 1 (2) hole

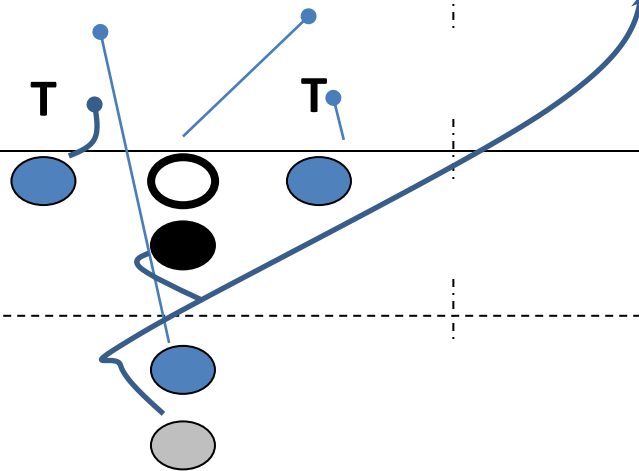
Ends block the Tackles away from the hole

Center snap the ball and block the Inside Linebacker close to the hole

Quarterback open away from the hole, fake the hand off to the 2 back and then hand off to the 3 back

3 Back take three short steps away from the hole and then cut back toward the hole and take the hand off from the Quarterback

OLB ILB ILB OLB





Offensive Playbook Week 4 – 25 yard wide field

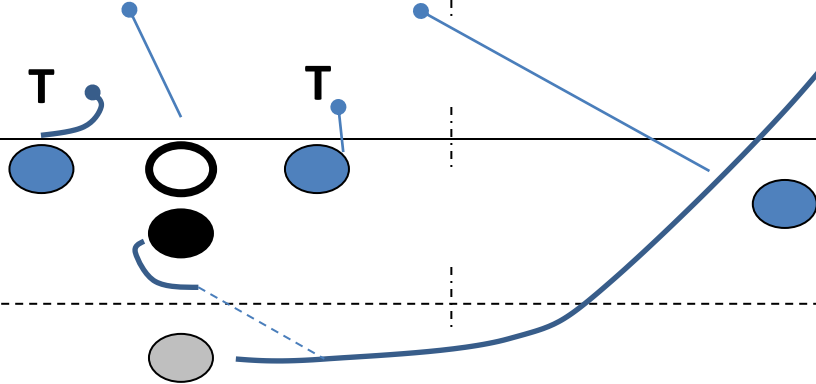
Ace Right (Left)
36 (25) Sweep

2 (3) motion in one count early and block the Inside Linebacker closest to the hole
Ends block the Tackles away from the hole
Center snap the ball and block the Inside Linebacker away from the hole
Quarterback reverse pivot and toss the ball to the Running Back
3 Back (2 Back) Take the toss from the Quarterback and run out to the hole

OLB ILB ILB OLB

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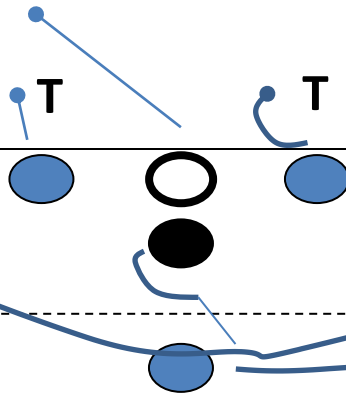


Offensive Playbook Week 4

Ace Right (Left) 25 (36) Counter

2 (3) motion in one count early like you are going to block, and on the snap, run into the backfield, take the hand off from the Quarterback after he fakes the toss to the 3 Back (2 Back) and run to the hole
Ends block the Tackles away from the hole
Center snap the ball and block the Inside Linebacker close to the hole
Quarterback reverse pivot and fake the toss to the 3 Back. Hand off to the 2 Back
3 Back (2 Back) Fake receiving the toss from the Quarterback and run opposite of the hole

OLB ILB ILB OLB

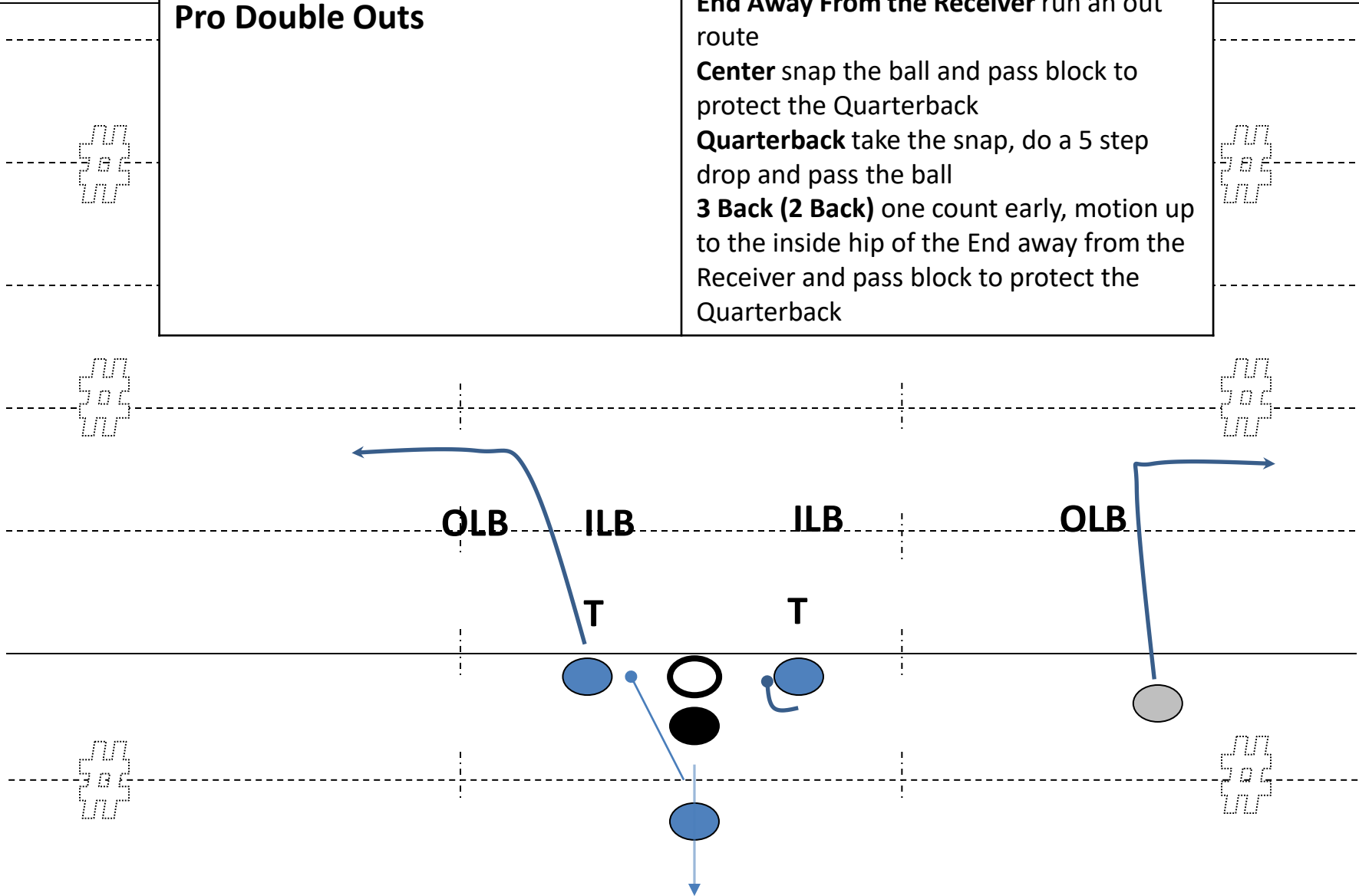




Offensive Playbook Week 4

Ace Right (Left) Pro Double Outs

2 (3) run an out route
End Away From the Receiver run an out route
Center snap the ball and pass block to protect the Quarterback
Quarterback take the snap, do a 5 step drop and pass the ball
3 Back (2 Back) one count early, motion up to the inside hip of the End away from the Receiver and pass block to protect the Quarterback

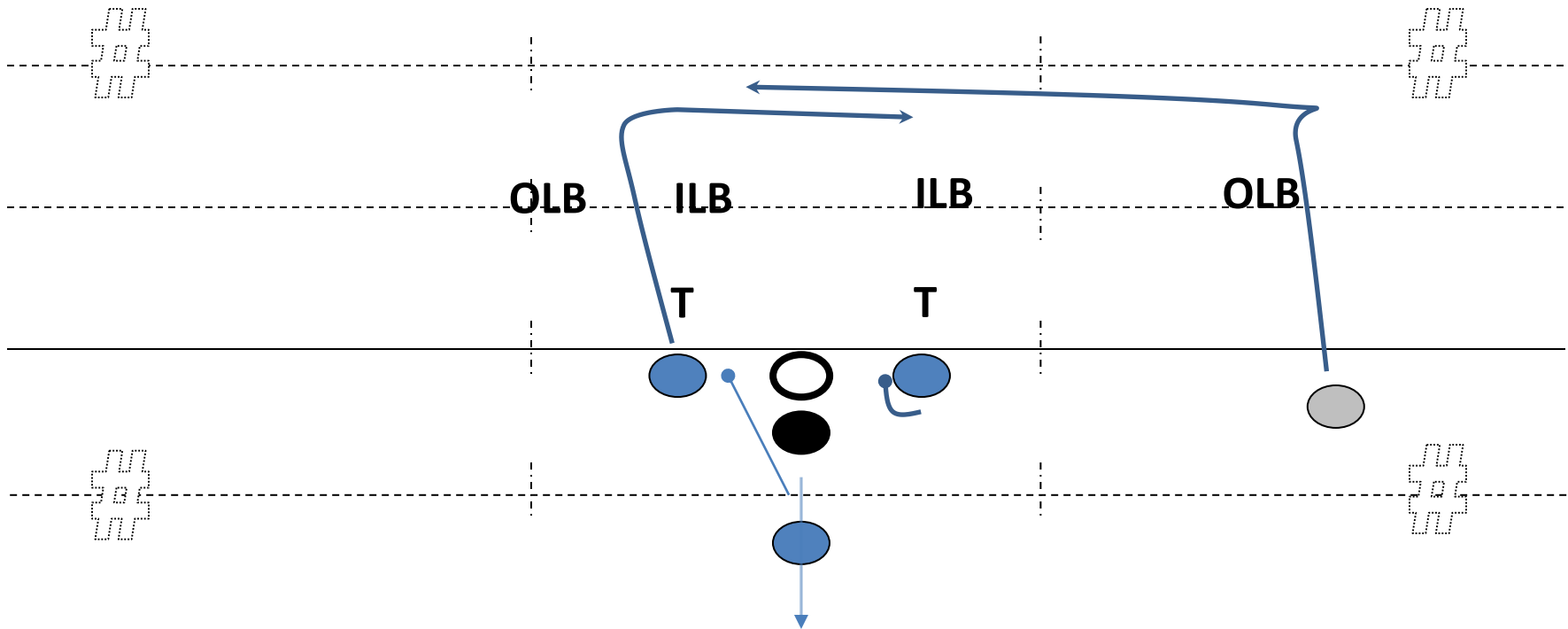




Offensive Playbook Week 4

Ace Right (Left)
Pro Double Ins

2 (3) run an in route
End Away From the Receiver run an in route
Center snap the ball and pass block to protect the Quarterback
Quarterback take the snap, do a 5 step drop and pass the ball
3 Back (2 Back) one count early, motion up to the inside hip of the End away from the Receiver and pass block to protect the Quarterback

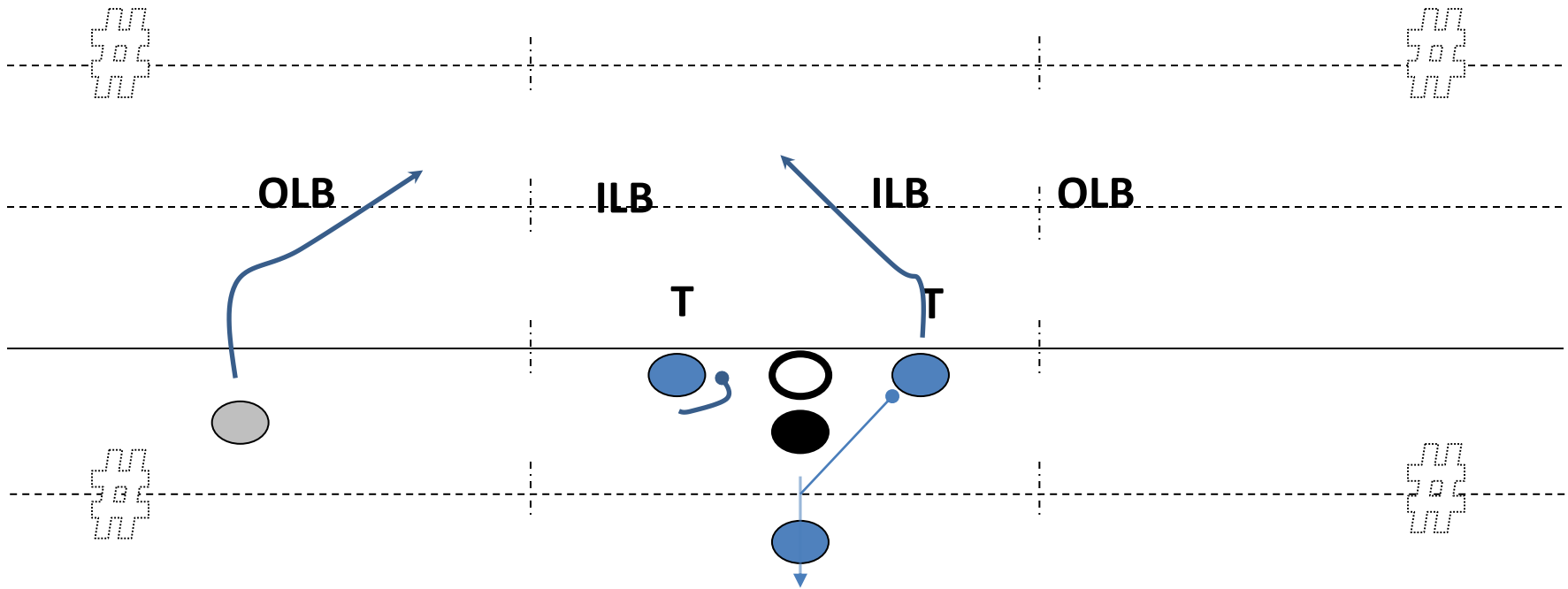




Offensive Playbook Week 4

Ace Left (Right) Pro Double Slants

3 (2) run a slant route
End Away From the Receiver run a slant route
Center snap the ball and pass block to protect the Quarterback
Quarterback take the snap, do a 3 step drop and pass the ball
2 Back (3 Back) one count early, motion up to the inside hip of the End away from the Receiver and pass block to protect the Quarterback

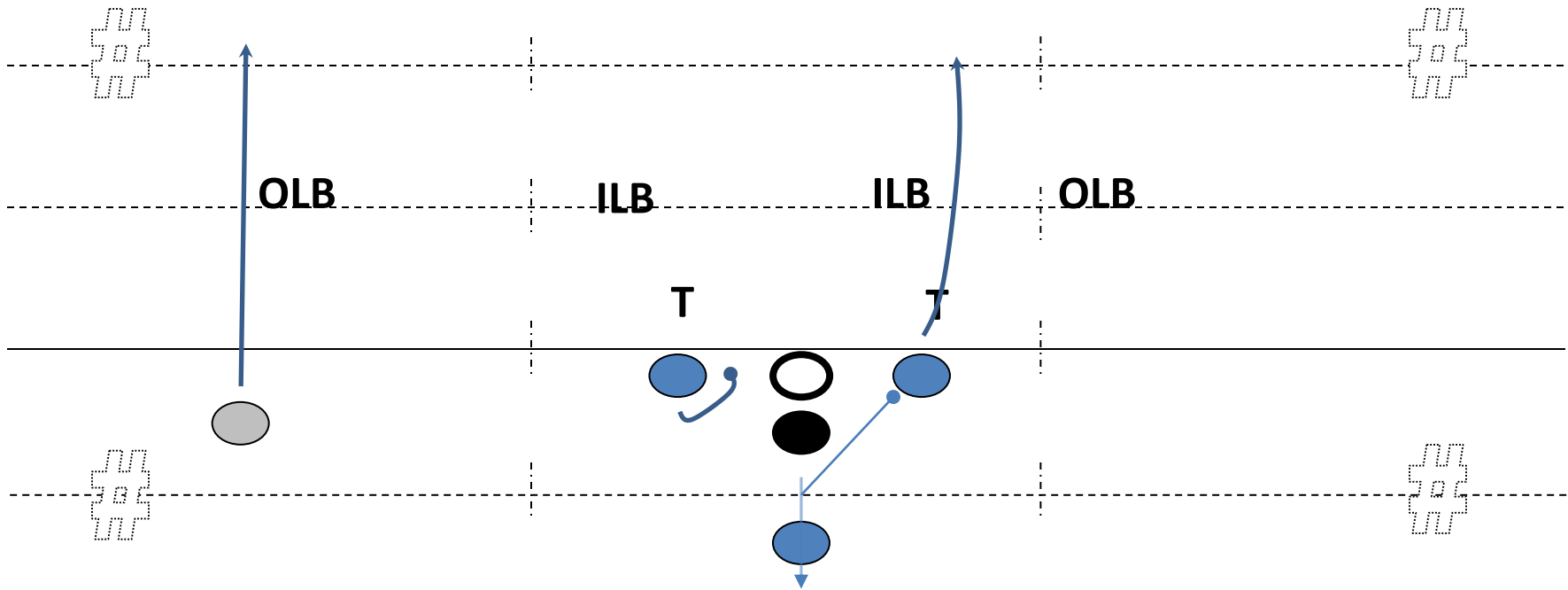




Offensive Playbook Week 4

Ace Left (Right) Pro Double Seams

3 (2) run a seam route
End Away From the Receiver run a seam route
Center snap the ball and pass block to protect the Quarterback
Quarterback take the snap, do a 3 step drop and pass the ball
2 Back (3 Back) one count early, motion up to the inside hip of the End away from the Receiver and pass block to protect the Quarterback

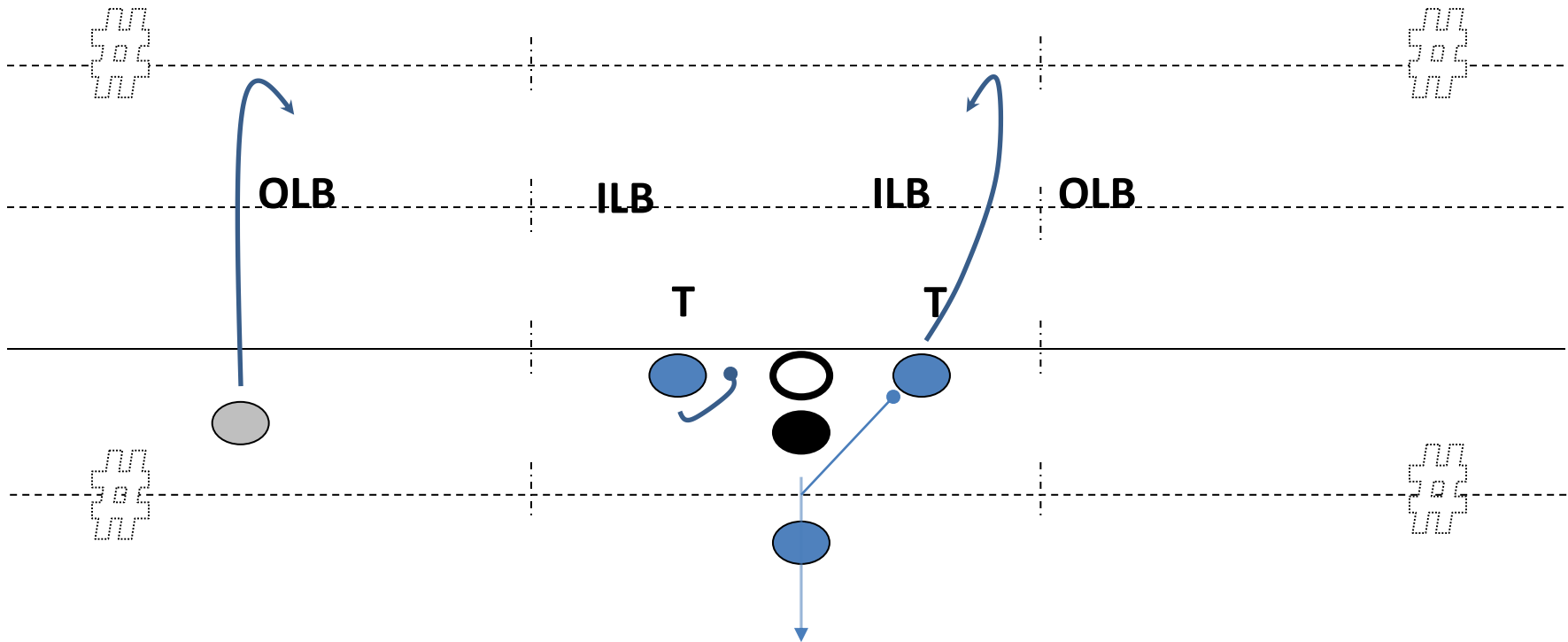




Offensive Playbook Week 4

Ace Left (Right) Pro Double Hooks

3 (2) run a hook route
End Away From the Receiver run a hook route
Center snap the ball and pass block to protect the Quarterback
Quarterback take the snap, do a 5 step drop and pass the ball
2 Back (3 Back) one count early, motion up to the inside hip of the End away from the Receiver and pass block to protect the Quarterback





Offensive Playbook Week 5 – 25 yard wide field

Spread Gun (or under centre)
QB Draw

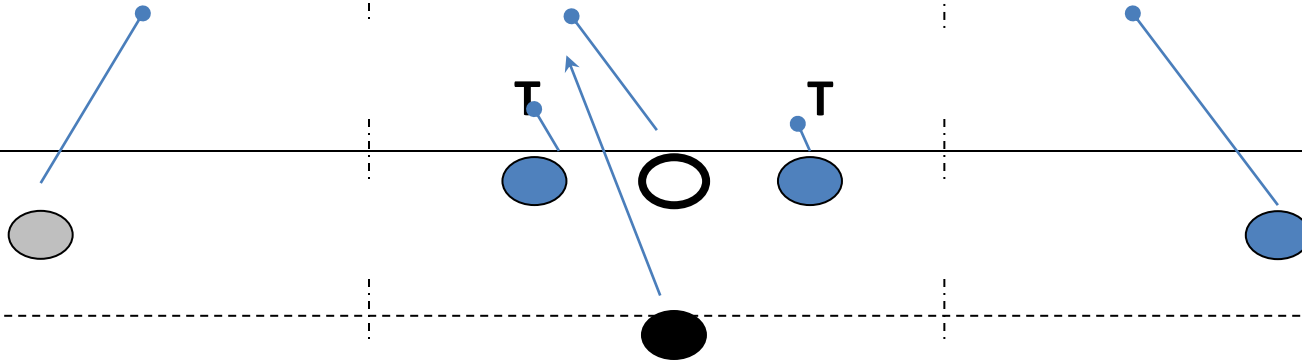
2 and 3 block the outside linebacker out
Ends block the Tackles
Center snap the ball and block one of the Inside Linebackers
Quarterback take the snap and follow the blocks of the Offensive Line

OLB

ILB

ILB

OLB

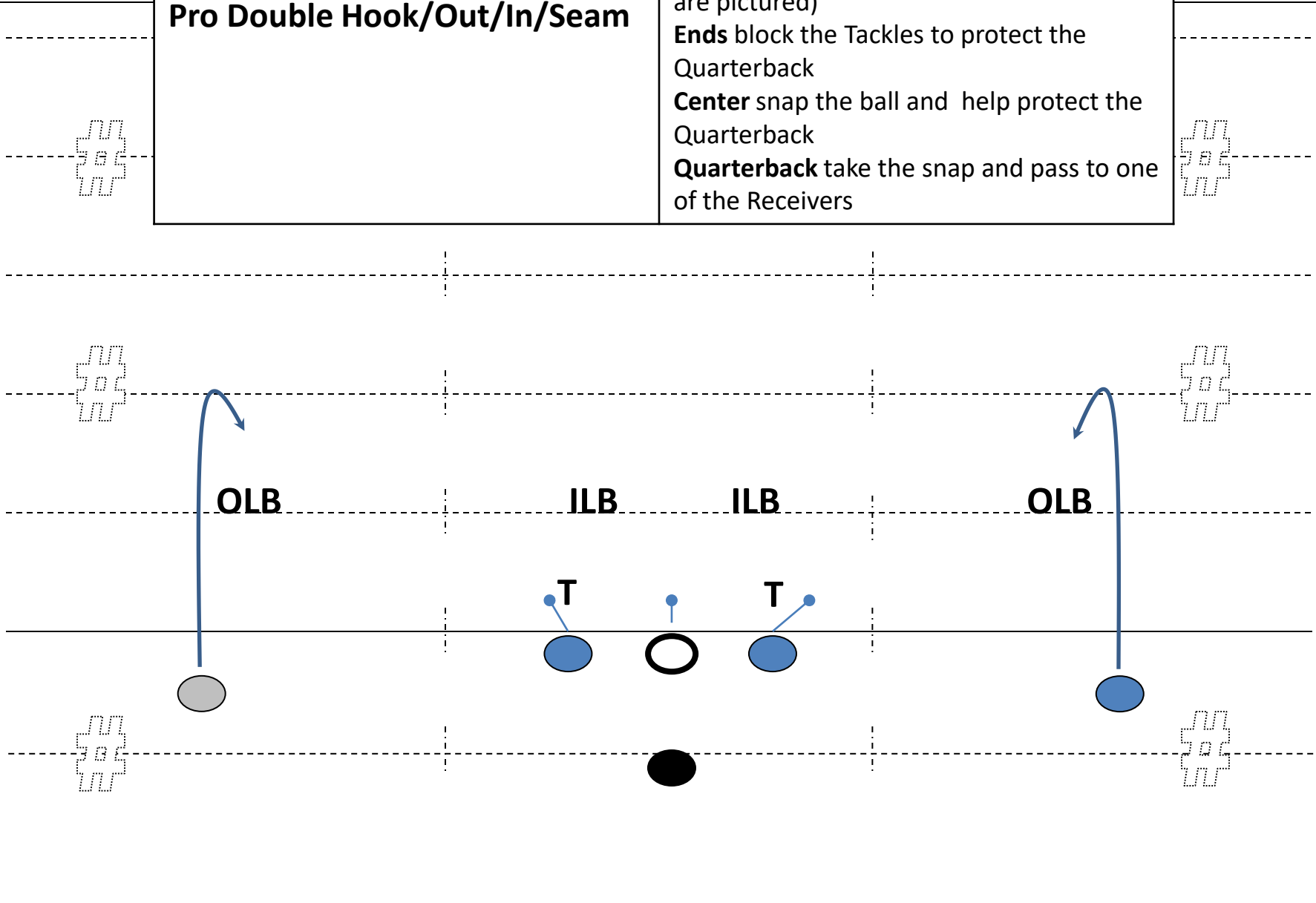




Offensive Playbook Week 5

Spread Gun (or under centre) Pro Double Hook/Out/In/Seam

2 and 3 run the pass route called (hooks are pictured)
Ends block the Tackles to protect the Quarterback
Center snap the ball and help protect the Quarterback
Quarterback take the snap and pass to one of the Receivers



Defensive Playbook



Defensive Playbook

Defensive Call – 24 Arrow

The Defensive Tackles line up head up on the Ends.

Gaps are the spaces between blockers where the offense can run the ball. They are named by letter, starting with the “A” gaps on either side of the Centre.

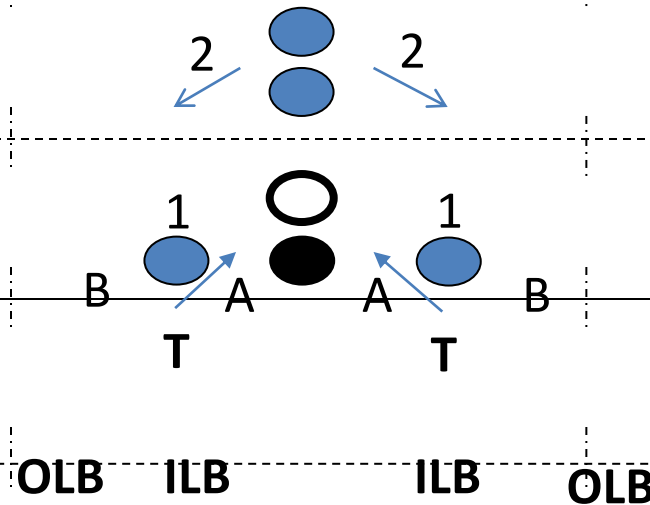
Offensive Formation Pictured - Balance I

Gap Letters and Receiver Numbers

Tackles fill the A gaps.

Eligible Receivers (Ends and Running Backs) are numbered from the outside-in.

Cover 0 is man-to-man defense. The Outside Linebackers cover the number 1 Receiver to their side, and the Inside Linebackers cover the number 2 receiver to their side.





Defensive Playbook

Defensive Call – 24 Bandit

The Defensive Tackles line up head up on the Ends.

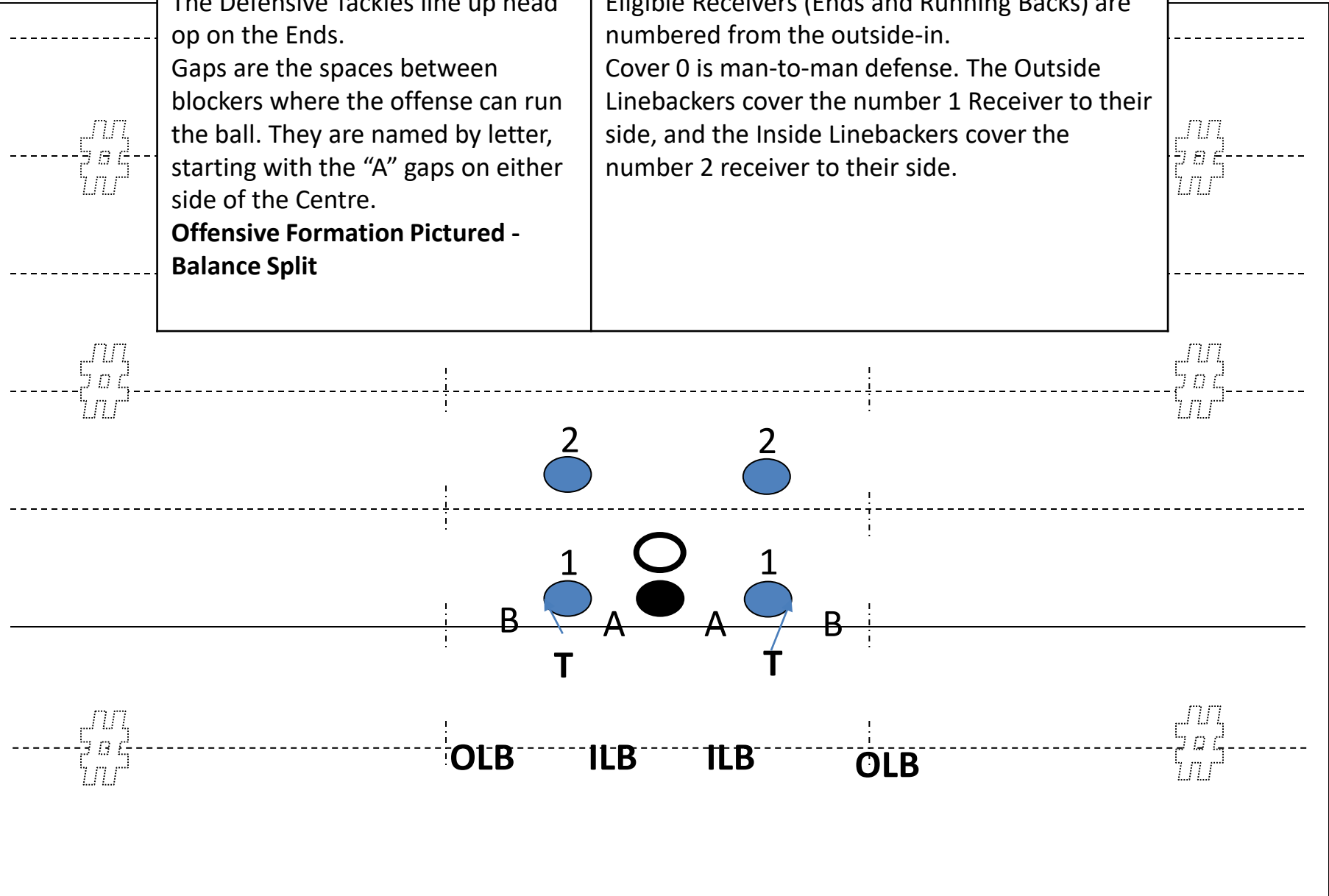
Gaps are the spaces between blockers where the offense can run the ball. They are named by letter, starting with the “A” gaps on either side of the Centre.

Offensive Formation Pictured - Balance Split

Gap Letters and Receiver Numbers

Tackles fill the B gaps (and squeeze the A gaps)
Eligible Receivers (Ends and Running Backs) are numbered from the outside-in.

Cover 0 is man-to-man defense. The Outside Linebackers cover the number 1 Receiver to their side, and the Inside Linebackers cover the number 2 receiver to their side.





Defensive Playbook

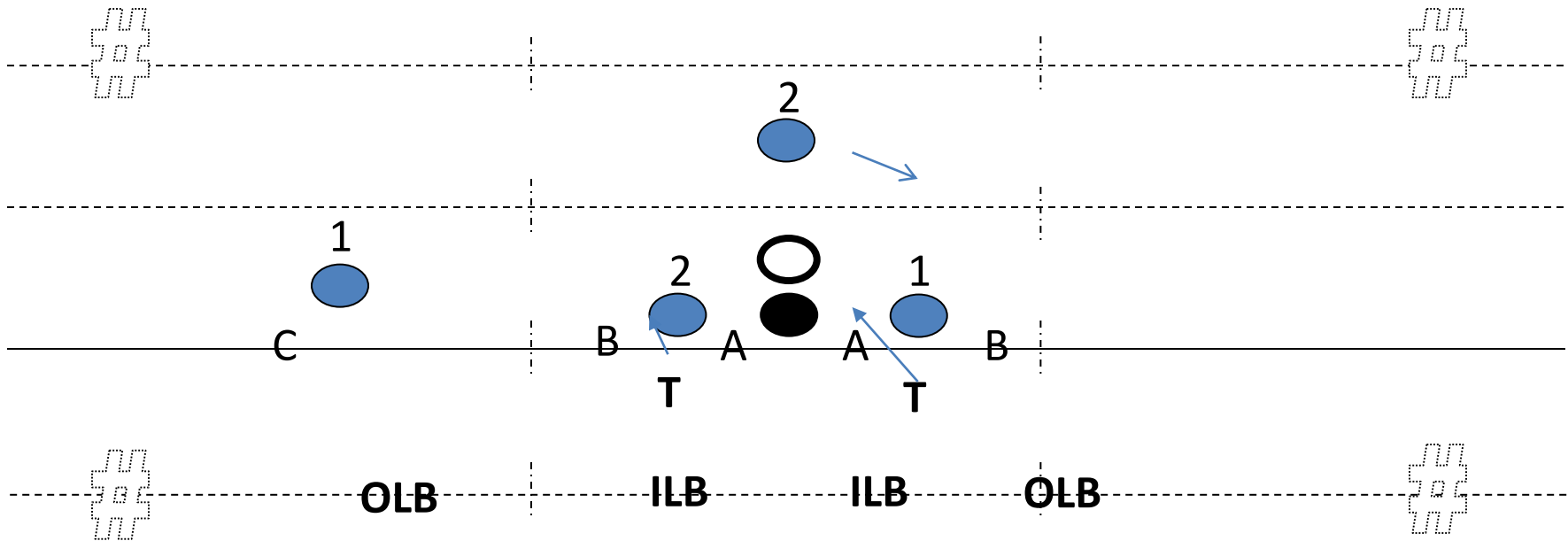
Defensive Call – 24 Left

The Defensive Tackles line up head up on the Ends.
Gaps are the spaces between blockers where the offense can run the ball. They are named by letter, starting with the “A” gaps on either side of the Centre.

Offensive Formation Pictured- Ace Left

Gap Letters and Receiver Numbers

Left Tackle fills the B gap and squeezes the A gap.
Right Tackle fills the A gap.
Eligible Receivers (Ends and Running Backs) are numbered from the outside-in.
Cover 0 is man-to-man defense. The Outside Linebackers cover the number 1 Receiver to their side, and the Inside Linebackers cover the number 2 receiver to their side.





Defensive Playbook

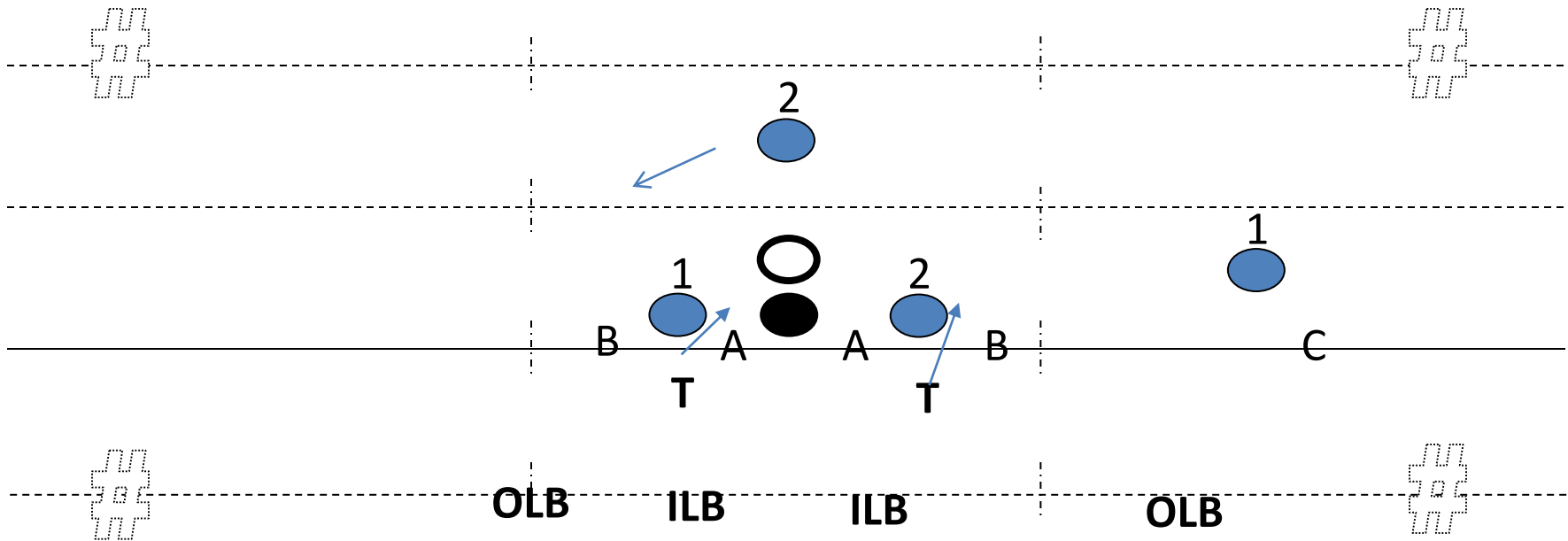
Defensive Call – 24 Right

The Defensive Tackles line up head up on the Ends.
Gaps are the spaces between blockers where the offense can run the ball. They are named by letter, starting with the “A” gaps on either side of the Centre.

Offensive Formation Pictured- Ace Right

Gap Letters and Receiver Numbers

Left Tackle fills the A gap. Right Tackle fills the B gap and squeezes the A gap.
Eligible Receivers (Ends and Running Backs) are numbered from the outside-in.
Cover 0 is man-to-man defense. The Outside Linebackers cover the number 1 Receiver to their side, and the Inside Linebackers cover the number 2 receiver to their side.





Defensive Playbook

Defensive Call – 24 Arrow

Gaps are the spaces between blockers where the offense can run the ball. They are named by letter, starting with the “A” gaps on either side of the Centre.

Offense Formation Pictured - Balance Spread Gun

Gap Letters and Receiver Numbers

Tackles fill the A gaps.

Eligible Receivers (Ends and Running Backs) are numbered from the outside-in.

Cover 0 is man-to-man defense. The Outside Linebackers cover the number 1 Receiver to their side, and the Inside Linebackers cover the number 2 receiver to their side.

