



Regina Minor Football 2000 Inc.

Welcome to the 2023 RMF Fall Season

June 2023

Enclosed is information about your team as well as answers to a few questions we often hear.

Please read all the information in this letter and keep it for future reference. This letter will also be posted on the website.

Your Team Name, Coaches Name, Coaches Phone Number and Practice Field are included in this email.

When do practices start? August 8th, 6:00 pm at your practice field. Your coach will notify you if your team starts on a later date. Notify your Coach, and not the RMF office, if you will be away and miss any practices or games.

When do games start? Wed Aug 16th. Games are played on weeknights starting as early as 5:30 pm and as late as 8:45 pm, all day Saturday and Sunday starting as early as 8:00 am. The schedule will be posted on the website as soon as it is available.

When do we get helmets and shoulder pads? Your Coach will issue helmets and shoulder pads between July 15th and August 8th. All helmet or shoulder pad exchanges must be made through your coach or team manager. **Players and Parents will not be allowed to exchange equipment at our equipment room or office.**

What other equipment do I need and where can we get it? You will need practice pants, a girdle, and knee pads. We will be selling these items from our equipment room at RMF Headquarters at 200 Assiniboine Avenue E (at Leibel Field). Players also need football cleats which are available at most sporting good stores.

July 25, 26, Aug 1, 2,	6:00 – 7:30 pm
Aug 8, 9	4:00 – 6:00 pm
Aug 14, 15, 16	4:00 – 8:00 pm

Practice pants are \$40, integrated girdles \$70, Knee Pads \$10, Belts \$5. It is recommended the player come to be properly fitted for pants, girdles, etc. Payment is by cash, cheque, E-transfer to rmf@reginaminorfootball.ca (answer – football) and on our website under Make a Payment <https://www.reginaminorfootball.ca/index.php/registration/make-a-payment>

When is the rest of the registration money due? All fees **must be paid** before a player plays in a game. Players should pay during registration week, which is August 14th-16th. Each team will have an assigned registration date and time, you will be required to pay the balance of fees, show proof of age (new players only) and be weighed in. Your Team Manager will have your assigned Registration date and time plus other info you will need. If you are away during Registration week alternate registration dates and times are also available from your Team Manager or our website. All players must pay fees, be weighed and show ID (new players) before they can play in a game. **No Exceptions.**

It is preferred players bring cash or cheques when they weigh in during registration week. You can also pre-pay the fees before registration by E-transfer to rmf@reginaminorfootball.ca (answer – football) or make a payment online at the link below. <https://www.reginaminorfootball.ca/index.php/registration/make-a-payment>

Why is my team and coach different? Teams in RMF are for 1 year. Every year teams are created based on the registration numbers for each division. To maintain an equal number of players on each team, some zone adjustments are required each year. The Board of Directors has implemented a registration system that is fair for everyone and in the best interest of the league.

If you have any questions or concerns about your registration, team placement etc. they must be made by email to Len Antonini, Registrar at rmf@reginaminorfootball.ca